



The Shield

EDITOR:
RACHEL COMANDE

ST. CATHERINE'S NEWSPAPER, GRADES 9-12

FEBRUARY 15, 2019

NATIONAL NHS HONOR SOCIETY

By: Rachel Comande

Tuesday, January 22 was the Induction Ceremony for the National Honor Society (NHS). It spoke about the importance of the qualities that NHS values; Scholarship, Service, Leadership, and Character. It was an enjoyable ceremony where everyone could gather together and celebrate the accomplishments of all of these amazing students. The Shield would like to extend a sincere congratulations to the members of NHS - both returning members and newly inducted ones.

New Inductees

Kelsey Carrington
Isabelle Cartagena
Abigail Cook
Zachary Cotter
Michael De Guire
Samuel French
Traykiese Gillentine
Peyton Johnson
Annemarie Letsch
Katherine Liapis
Keyaira Marshall
Erin McCauley
Alexis Monosa
Brock Naidl
Emily Poisl
Natalia Reyes
David Sosa
Marcelo Sosa
Leah Topp
Jillian Tringali
Jordan Tucker
Sophie Wentorf

Returning Members

Molly Brown
Quinn Cafferty
Emma Coady
Rachel Comande
Samantha De Guire
Abigail Delsman
Hailey Fee
Carley Garofalo
Ashley Gerber
Ashley Gorman
Emily Hollow
Luke Letsch
Robert Liapis
Adam May
Jenna Perez
Noah Rodriguez
Noah Rogers
Elizabeth Schauer
Shannon Stulo
Nathaniel Weiglein

CATHOLIC SCHOOLS WEEK



By:
Grace
Szczerba

Mix it Up

We had a seating chart so we can meet new people and socialize.

Rob Surette - This Disney employee came to demonstrate his inspiration and large portrait paintings

Dodgeball - The tournament was freshman vs. juniors and sophomores vs. seniors. The juniors won first place and the seniors played the faculty.

Taste of Saint Cats - Many students pre-ordered a kewpees burger, an O&H donut, a taco, or some Wells Brothers pizza for lunch to support the local businesses.

Pancake Breakfast - Students went down to the cafeteria for a nice breakfast of pancakes and juice.



TASTE OF ST.
CAT'S



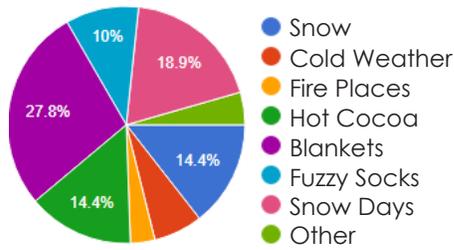
PANCAKE
BREAKFAST



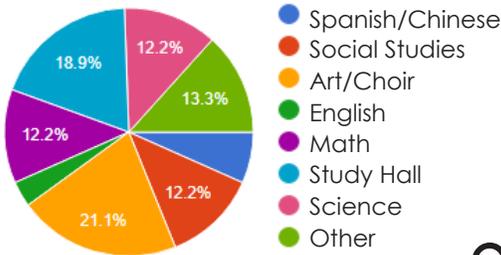
POLL

BY ANNA CHRISTINA STARSZAK

WHAT IS YOUR FAVORITE PART OF WINTER?



WHAT IS YOUR FAVORITE CLASS?



90
RESPONSES

MOVIES IN THEATERS

- Alita: Battle Angel (Feb 15th)
- Isn't it Romantic (Feb 15th)
- How to Train Your Dragon: The Hidden World (Feb 22)
- A Madea Family Funeral (March 1)
- The Kid Who Would Be King (March 1)
- Captain Marvel (March 8)



QUOTES

BY TAYLOR GALASZEWSKI

"Our lives begin to end the day we become silent about the things that matter" ~Martin Luther King Jr.

"The only person you are destined to become is the person you decide to be" ~Ralph Waldo Emerson

"The best way to gain self-confidence is to do what you are afraid to do" ~Swati Sharma

"Look for something positive in each day, even if some days you have to look a little harder." ~Anonymous



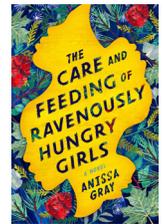
Angie Thomas



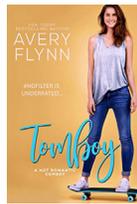
Karen Rose



Mhairi McFarlane



Anissa Gray



Avery Flynn



Lisa Kleypas

BOOK LIST

BY EMMA SCOTT

Meet
THE Staff
Kiara Wilson &
Grace Szczerba



WHAT IS YOUR FAVORITE COLOR?

G: MY FAVORITE COLOR IS MINT GREEN.

K: MY FAVORITE COLORS ARE PURPLE & PINK.

WHAT WAS YOUR FAVORITE SUBJECT IN SCHOOL?

K: MY FAVORITE SUBJECT IS GEO

G: MY FAVORITE SUBJECT AT SCHOOL IS THE ENGINEERING CLASS.

WHAT ARE YOUR HOBBIES?

G: I LIKE LISTENING AND WATCHING MUSICALS.

K: I LIKE LISTENING TO MUSIC AND PLAYING FORTNITE.

Fun Facts

BY: TAYLOR GALASZEWSKI



- In 1994, a man was arrested because he was dressed as the Grim Reaper and just stood and stared into the windows of a home for the elderly.
- A stamp that you lick gives you 0.1 calorie.
- Every year, Americans create around 1/5 of the world's trash.
- The average healthy person can differentiate between 500 shades of grey.

Source: <https://short-funny.com/fun-facts-2.php>

Rachel Comande*
Michael De Guire
Sam De Guire
Abbie Determan
Taylor Galaszewski*
Deondre LeClair*
Stephanie Manley
Joe Paiga
Sarah Stone*
Grace Szczerba
Emma Scott*
Cullen Sheppard
Anna-Christina Starszak*
Kiara Wilson
Emily Winkler

Adviser Mrs. Agujir * Staff Editor Ms. Peizke

newspaper staff
* indicates layout

APP OF THE MONTH

BY: DEONDRE
LECLAIR AND
TAYLOR GALASZEWSKI

RATING
4 out
of 5
Stars

“GO Music”

Platform: IOS, Android

GO Music is an app that allows you to listen to your music with “beautiful background skins” and share your music with friends and family. This app also allows you to equalize your music and get that just perfect audio that we all would love to have. The equalizer provides a variety of different tones such as Normal, Classical, Dance, Flat, Folk, Heavy Metal, Hip Hop, Jazz, Pop and Rock. This allows you to finally get that perfect music sound that we all love, or even just mess around and find that perfect sound. This app is connected to YouTube and SoundCloud for easy music searches. Playing this music is made easy by their playlist feature. This feature allows you to edit what you are listening to in order for your playlist to be perfect your way, not only in sound quality, but also in the order that makes the most sense to you. This app is not to be used as a music downloader.



BY: TAYLOR GALASZEWSKI

- Jump Force (Feb 12th) PC PS4 XBI
- Steins; Gate Elite (Feb 19th) PC PS4 NS
- Trials Rising (Feb 26th) PC PS4 XBI NS
- Total War: Three Kingdoms (March 7th) PC

GAME LIST

BY: MICHAEL DE GUIRE

GAME REVIEW



In this game review, it's not really a game review, but a review of the new gaming club! Most of you know about the club that was recently created, the Gaming Club, which is also the Esports team for our school. There are 3 games our school currently is a part of and they are Rocket League, League of Legends, and Super Smash Bros Ultimate. We all know what Smash Bros is, most of us anyways, but League of Legends is a game of team based strategy where you try to destroy enemy points while defending your own. Rocket League is about cars playing soccer...that's it, cars playing soccer.

I hope that our gaming club goes well in this season and everyone does great!

1. “Sunflower” - Post Malone and Swae Lee
2. “Without Me” - Halsey
3. “Thank U, Next” - Ariana Grande
4. “Sicko Mode” - Travis Scott
5. “High Hopes” - Panic! At the Disco
6. “Happier” - Marshmello and Bastille
7. “Girls Like You” - Maroon 5 ft. Cardi B
8. “Drip Too Hard” - Lil Baby and Gunna
9. “Eastside” - Benny Blanco, Halsey and Khalid
10. “ZEZE” - Kodak Black ft. Travis Scott and Offset



MUSIC

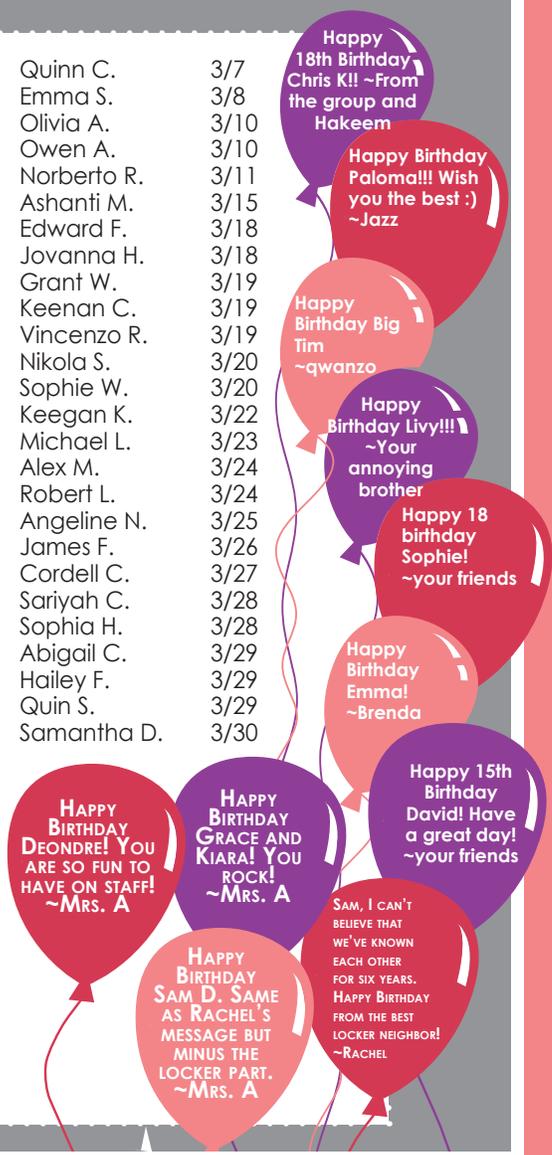
BY: TAYLOR GALASZEWSKI



HAPPY BIRTHDAY!

BY: DEONDRE LECLAIR

Pedro S.	2/1	Quinn C.	3/7
Haley K.	2/2	Emma S.	3/8
Abigail M.	2/3	Olivia A.	3/10
Diana B.	2/5	Owen A.	3/10
Jennifer G.	2/6	Norberto R.	3/11
Alex R.	2/7	Ashanti M.	3/15
Christopher K.	2/7	Edward F.	3/18
David B.	2/7	Jovanna H.	3/18
Aleksander H.	2/8	Grant W.	3/19
Emily M.	2/10	Keenan C.	3/19
Lauren E.	2/10	Vincenzo R.	3/19
Amari W.	2/11	Nikola S.	3/20
Adrian G.	2/12	Sophie W.	3/20
Devin R.	2/12	Keegan K.	3/22
Molly O.	2/12	Michael L.	3/23
Ashley W.	2/13	Alex M.	3/24
Kyle G.	2/13	Robert L.	3/24
Timothy C.	2/13	Angeline N.	3/25
Jackson B.	2/16	James F.	3/26
Juan C.	2/16	Cordell C.	3/27
Sanaya D.	2/17	Sariyah C.	3/28
Grace S.	2/18	Sophia H.	3/28
Kiara W.	2/18	Abigail C.	3/29
Abigail D.	2/19	Hailey F.	3/29
Kathryn S.	2/19	Quin S.	3/29
Kyle M.	2/19	Samantha D.	3/30
Sadie G.	2/21		
Nathaniel W.	2/22		
Angel A.	2/23		
Trenten P.	2/24		
Adrien H.	2/25		
Araseli S.	2/26		
Victavian T.	2/27		
Raul B.	3/1		
Paloma H.	3/2		
Celicia A.	3/3		
Jameer B.	3/5		
Miagia M.	3/5		
Adam B.	3/6		



Creative Writing

BY: EMMA SCOTT

They are in your head
 They are all you see
 Their voices are the only ones you hear
 No matter what you do they won't go away
 Your hand moves faster and faster,
 As the danger increases
 No matter how much you wanted to get rid
 of them,
 you cry over their deaths
 You are sad and disappointed when you flip
 the last page,
 When you realise you finished the great book
 you were lost in

It tries to get you
 To pull you under and away
 You will always escape at the last moment.
 It swirls calmly around you
 Occasionally revealing its various creatures
 It will never cease to amaze you.
 It has many different moods
 Some days it looks angry and mean
 Others friendly and inviting
 It will always be there.

They're there one second, gone the next
 Constantly slipping from your brain
 They never stay for long
 Except on the rare occasion
 The really good ones stay
 The really persistent ones you try to forget
 stay
 You have no choice which will stay, and
 which will go.
 Eventually they will all be gone.
 It takes over you
 It controls your every move
 You have no choice in what you say and do
 It's always there,
 Even disguised as the little voice in the back
 of your head
 It makes you do things you will regret
 You will never get rid of it
 Even if you think you have, it will still be there
 Biding its time till it gets another chance to
 control you

TODAY IN HISTORY

BY EMILY WINKLER

Mao Zedong was the chairman of the Communist Party in China and the founder of the People's Republic of China. He declared it the People's Republic of China in 1949 after a victory over Japan. Zedong was a Marxist-Leninist and was responsible for the deaths of 40-70 million people during his rule. An attempt by Zedong to modernize the Chinese economy led to famine, which caused the deaths of 15 million people. Mao Zedong ruled the People's Republic of China until he died of a heart attack in 1976.





Creative Writing

SUBMITTED
BY: ETHAN
HALSEY,
9TH GR.

The Universal Microwave

Once, before there was anything, there was a microwave. It was just floating around in the blankness until, it turned on. Unfortunately there was a fork inside that started to spark and pop until it finally exploded. But instead of destroying the microwave, it was contained to the inside of the microwave creating the universe inside. The force also affected the microwave, somehow awakening it's conscious. It realized that it needed to expand the universe, so it then threw a plate with spoons on it to spark up and create the first galaxy and stars inside. It did this process over and over until there were the galaxies we have today.

The microwave then heard a voice, and saw the first fork that started it all but in a ghostly form of melted metal. The fork also gained consciousness and it wanted to share its conscious with others. So the fork and the microwave searched the universe for a place to create the first life. They then saw that the stars had tiny specs of dirt floating around them. They called the specs planets and were fascinated by them. Some were even made from the smoke that came from the spoons sparking. They called these ones gas giants and decided not to put life on them. Some planets were too hot and some were frozen solid. But some were neither and they put the first life on these planets. They chose a planet, in the galaxy of milk around an orange star, and called it Earth.

The fork then put a drop of its metal on it to create water. Some of the earth melted away from the heat to create mountains and canyons. Most of the metal settled into oceans and turned to water. The microwave then told the fork to do this to all the planets that were like it and the microwave took over developing the earth. But soon the fork returned saying there were very few planets like this one. So they created life on the few planets by taking the dirt and the fork would share itself with the dirt to gain consciousness and become animals and people. The people were the greatest of the animals because they had the most of the fork in them, and soon they tried to mimic the original fork and microwave, but they were not as great. That is how the universe was created.

Dear Andy,

What is the correct way to say Milk?

Sincerely,
~Milk Milk Milk

Dear Milk Milk Milk,
The pronunciation of milk is milk. Language is always changing.

Sincerely,

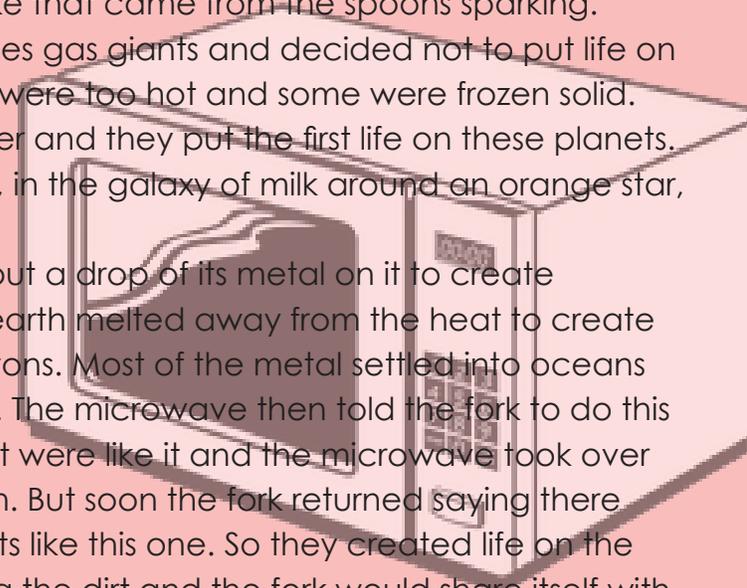

Dear Andy,

So my mom died Christmas Eve this year and it's really hard to focus in class. What do I do?

Sincerely,
~Grieving

Dear Family Loss ,
All of Saint Catherine's is sorry for your loss. We are all here if you need someone to talk to. I know it's not easy, but every day will get a little easier. You are strong, and don't forget that when the days get hard you can turn to your friends, family, and teachers.

Sincerely,

MRS. A'S February FAV'S

BY MRS. SARAH AGUILA

FAVORITE SWEET
Chocolate (see homemade directions below)



SONGS
"Sunflower" by Post Malone and Swae Lee
"Remind Me to Forget - Young Bombs Remix" by Kigo, Miquel and Young Bombs
"Saturday Nights" by Khalid



MUSICAL
Wicked -
I saw it twice



CLOTHES
Workout
Clothes

CURRENT BOOK
I'm Reading: *Insurgent*



PRODUCT
TRESemmé Between
Washes Volumizing Dry
Shampoo



Winter Recap

I didn't get to as much as I wanted to this winter. The stick wreath and the door decorating did not get accomplished. I did do other things not on the list though. I had a painting party with family, and I made these cute cards with my son for my husband's birthday.

EASY HOMEMADE CHOCOLATE

I made chocolates for my Newspaper Clubs for their Christmas party treats. I got some cute silicone molds for Christmas to form the chocolates in. I make this chocolate recipe very often. I can't eat any chocolate you would buy from the store because of all my allergies.

Instructions: You melt one cup of coconut oil in a bowl on top of a pot of water, then add one cup of unsweetened cocoa powder once oil is melted. Remove from heat and add 1/2 cup of honey and one teaspoon vanilla. Hand mix until well blended or mix with a ninja blender. Pour into molds and freeze or refrigerate. After a little while, layer nuts and/or peanut butter and put more liquid chocolate on top before putting chocolate back in freezer. When fully solid, pop out the chocolates and bag them up really cute!

<http://www.primallyinspired.com/easy-healthy-homemade-dark-chocolate/>

February Favorites

CHERRY CHOCOLATE BALLS

This looked like a nice, simple treat to make in the month of February. It requires 3/4 c. dried cherries, 3/4 c. almonds and 1 2/3 oz. chocolate.



CHOCOLATE VEGAN FUDGE

I know I will need substance while I am finishing my thesis for my Masters of Education, so this recipe looked healthy yet delicious. The ingredient list is long and includes avocados!



YARN WREATH

Since I didn't get to decorate a wreath for Christmas, I thought I could still make one for Valentine's Day for my front door or my classroom.



CROCHETED KIDS SHOES

Though I'm still working on the world's longest blanket (a life goal I started 15 years ago), I thought I'd try crocheting some shoes for my daughter who is crawling, standing, and may be walking soon.



GIRLS HAIRSTYLES

My daughter's hair is finally growing, so I want to practice some simple hairstyles on her when it is long enough to style. I am so excited to finally have a little girl, so I can enjoy my longtime hobby of styling hair.



VALENTINE'S DAY KIDS CRAFTS

With my kids I plan on making at least one Valentine's Day project to give my husband and other family members. If there is time, I would like to make a project with my students too.

BOOK REVIEW

By: Abbie Determan

Harry Potter Series

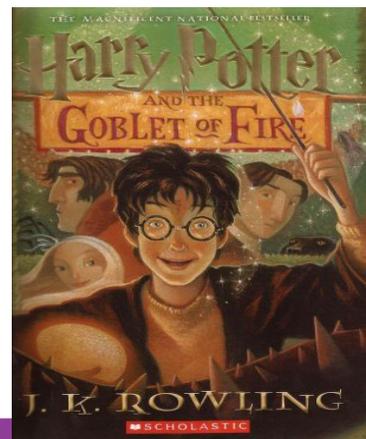
By: J.K. Rowling

Rating: 4 out of 5 stars

Reading level: Young Adult

Type of Book: Fantasy

Harry Potter has been told that he is a wizard by a school called Hogwarts. This series mainly focuses on fantasy and adventure about a boy with a lightning scar on his forehead, and parents who died from he who shall not be named (Voldemort). The Harry Potter series is one of the best series I have ever read. It has a great storyline, and has funny characters in the books such as the house elves. My favorite part of the books is the Quidditch match, which is just playing wizard baseball on broomsticks. These books also have some pretty dark parts such as death eaters, and wizards going dark. This series involves magic, adventure, and excitement!



“Happiness can be found in the darkness of times, if one only remembers to turn on the light.”

~Albus Dumbledore

BAKING RECIPE OF THE MONTH ALMOND-APRICOT CAKE

BY: ANNA-
CHRISTINA
STARSZAK



DIRECTIONS:

1. Preheat oven to 325°F. Butter cake pan, then line bottom with parchment paper. Butter parchment, then sprinkle evenly with 1/4 cup almonds.
2. Pit and coarsely chop 6 oz. apricots. Pulse salt, 1 1/2 cups sugar, and remaining 2 1/4 cups almonds in a food processor until finely ground. Add eggs, vanilla, 6 Tbsp. butter, and half of the chopped apricots; process until very smooth. Add flour and baking powder; pulse until combined, then fold in remaining chopped apricots. Transfer to prepared pan.
3. Bake cake until golden brown and the center no longer jiggles when shaken, 60–70 minutes. Transfer pan to a wire rack and let cake cool completely.
4. Meanwhile, pit and slice remaining 10 oz. apricots. Toss apricots, amaretto, if using, and remaining 2 Tbsp. sugar in a medium bowl. Let sit at least 10 minutes or up to 1 hour. Using a whisk or an electric mixer on medium-high speed, whip cream to soft peaks in a large bowl.
5. Run a knife around edges of cooled cake and invert onto a platter.
6. Serve with macerated apricots and whipped cream alongside.
7. Cake can be baked 3 days ahead. Cover and chill. Let come to room temperature before serving.

life hacks

BY TAYLOR GALASZEWSKI

1 A recent study found that listening to your favorite song makes you fall asleep faster and helps enhance your mood for the next day.

2 Can't figure out a Rubik's cube? Go to Ruwix.com, set the colors, and it will show you each step towards the solution.

3 Learning a new language? Figure out the 100 most frequently used words first. They make up about 50% of everyday speech.



INGREDIENTS:

- 6 tablespoons unsalted butter, plus more for pan
- 2 1/2 cups blanched sliced almonds (about 10 ounces), divided
- 1 pound apricots, divided
- 1/2 teaspoon kosher salt
- 1 1/2 cups plus 2 tablespoons sugar, divided
- 3 large eggs
- 1 teaspoon vanilla extract
- 3/4 cup all-purpose flour (regular or gluten-free)
- 1 1/2 teaspoons baking powder
- 1 teaspoon amaretto (optional)
- 2 cups heavy cream

FEATURED

Artwork



Emily Hollow



Emily Hollow



Emily Hollow



DaiShawn Shaw

FEATURED Photography



Rachel Comande



Ashley Gerber



Ashley Gerber



Sophia Helbling



Lee Schätzman

UPCOMING EVENTS

BY: EMMA SCOTT

FRIDAY, FEBRUARY 15

- NO SCHOOL

SATURDAY FEBRUARY 16

- WINTER FORMAL

WEDNESDAY FEBRUARY 20

- ACT TESTING

TUESDAY FEBRUARY 26

- ROB SURETTE SHOW

WEDNESDAY MARCH 6

- ASH WEDNESDAY
- MASS

THURSDAY, MARCH 7

- QUARTER ENDS
- PARENT TEACHER CONFERENCES

FRIDAY, MARCH 8

- NO SCHOOL

MONDAY MARCH 11

- BLOOD DRIVE

THURSDAY, MARCH 14 -

SUNDAY, MARCH 17

- SPRING MUSICAL

HAPPY VALENTINE'S DAY

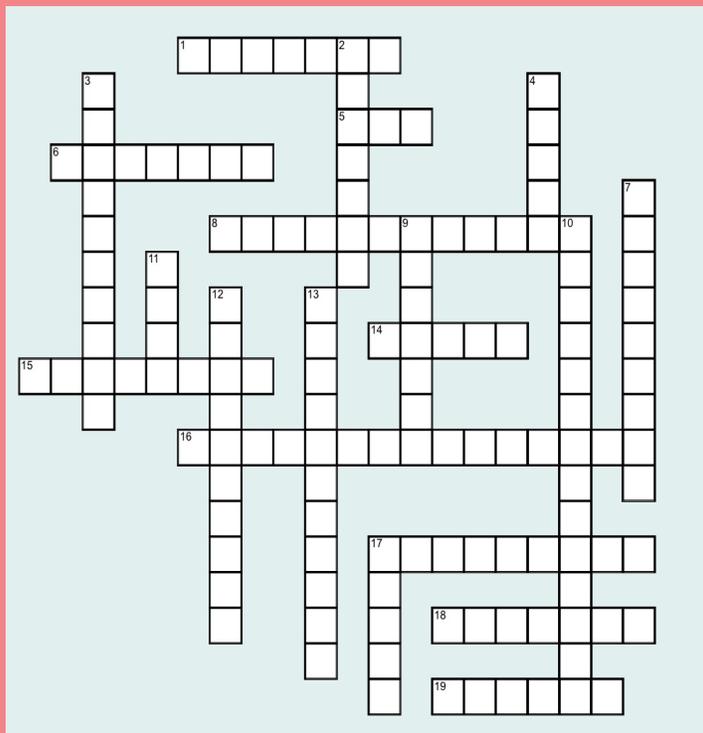
ANNOUNCEMENTS

This year the theater is presenting "State Fair." Show dates and times are as follows:

- Thursday, March 14th at 7 pm
- Friday, March 15th at 7 pm
- Saturday, March 16th at 7 pm
- Sunday, March 17th at 2 pm

Throughout our school students and staff appear to have stopped recycling and this is a problem. EnviroClub would like to help fix this problem. The Environment club will be collecting aluminum cans to recycle. For each class, Freshman-Seniors, we will have a collection barrel in the cafeteria starting on March 4th and ending April 18. The class with the most cans gets a free spirit wear day. Money raised will go towards providing solar energy panels to the Racine Veterans Housing project. Help us out!

PUZZLES



ACROSS

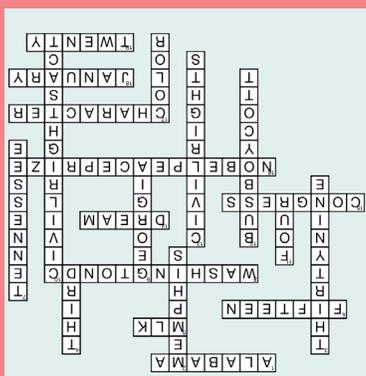
1. Where did Dr. King first become a pastor?
5. What are Dr. King's initials?
6. Age of Dr. King when he graduated high school?
8. Where did MLK give his "I Have a Dream" a speech?
14. I Have a _____
15. Who passed the Civil Rights Act in 1964?
16. What did Dr. King receive at age 35?
17. Dr. King dreamed that people will be judged by their _____.
18. What month do we celebrate MLK Day?
19. How many times was Dr. King arrested?

DOWN

2. City where Dr. King was assassinated
3. Age when Dr. King was assassinated
4. On which Monday is MLK Day celebrated?
7. State where Dr. King was assassinated
9. Where was MLK born?
10. Bans segregation in schools, offices, and public places. (3 words)
11. How many children did Dr. King have?
12. MLK's first protest was a _____. (2 words)
13. Dr. King worked for _____? (2 words)
17. Dr. King dreamed that all people of _____ should be treated equally.

		7		9			
		4		2			
5				8		2	
	3	9				7	5
8						3	9
			6				
6				1	4		5
							7
				5		4	3

9	4	5	8	3	2	1	6	7
6	2	3	7	1	4	8	9	5
7	5	1	6	9	3	2	8	4
8	6	2	5	4	7	3	1	9
4	3	9	2	8	1	7	5	6
5	1	6	4	7	8	9	2	3
3	9	4	1	2	5	6	7	8
2	8	7	3	6	9	5	4	1



ANSWERS

